

# YOUTH SMART RECOVERY



## Peer Support Recovery Group

**CASON**

**60 JAMES ST, SUITE #401  
ST. CATHARINES, ON L2R 7E7**

**(905) 684-1183**

**WWW.CASON.CA**

**EVERY THURSDAY FROM  
5:00PM-6:30PM**

**AVAILABLE VIRTUALLY AND IN-PERSON**

**EVERYDAY IS A FRESH START.  
PLEASE JOIN US!**

- **SUPPORT GROUPS FOR AGES 16-25 YEARS**
- **USING SCIENTIFICALLY VALIDATED METHODS AND SKILLS**
- **HARM-REDUCTION MODEL OF RECOVERY**
- **BUILD PRACTICAL, PROVEN, SELF-MANAGEMENT, AND RECOVERY SKILLS.**

**CASON**

**COMMUNITY ADDICTION  
SERVICES OF NIAGARA**

**Motivation. Change. Freedom.**

*Accredited by*  
**Canadian Centre  
for Accreditation**



*Agréé par*  
**Centre canadien  
de l'agrément**