



60 James Street, Suite 401  
St. Catharines, Ontario L2R 7E7  
905-684-1183  
Fax 905-684-1551

### **Addiction Supportive Housing Program (ASH)**

An Intensive Addiction Case Manager facilitates placement in a safe, clean, living situation and provides support to individuals who meet the following admission criteria:

- Applicant's primary concern is problematic substance use.
- Applicant has experienced a history of multiple entries into treatment.
- Applicant is currently homeless, inadequately or precariously housed.
- Applicant has been unable to obtain or maintain housing without support. Must be capable of living independently with support.
- Applicant has a clear commitment to a goal of abstinence.
- Applicant possesses the capability and willingness to constructively participate in the ASH program, and values the use of peer support through communal or clustered living.
- Applicant agrees to complete a comprehensive assessment process (may involve 3 or more meetings).
- Following the comprehensive assessment process, the applicant must agree to the terms of the Addiction Supportive Housing Occupancy Agreement.
- Applicant agrees to follow through on any recommendations made as a result of the assessment process in order to stabilize their early recovery.

The two main components of ASH include:

- 1) **Intensive Case Management:** This is the main focus of the program. Case Management assists clients to acquire skills in daily living, developing coping strategies and new healthier behaviors. Identifying client's substance use goals and treatment goals are part of a comprehensive treatment planning process. Ongoing screening, assessment, monitoring, referral, advocacy, counselling, education and life skills training are all part of this program.
- 2) **Housing:** The clients will live independently in the Niagara Region with peer support and regular visits by the Case Manager. The housing will consist of both individual and communal living environments, with the focus being on peer support. Safe stable housing is an essential part of this treatment program. To assist with this, a rental supplement will be provided. This is **transitional** housing in a home environment for up to one year in duration. Pets are not allowed in the housing program.

#### **Self-Referrals are accepted.**

Please complete the **ASH Intake Form** and fax/e-mail/post/drop off completed referral to CASON. The referral will be screened; if the client appears to meet the ASH Admission the client will be contacted directly to begin the assessment process in order to determine program eligibility.



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**Intake Form ASH Program**

Name: \_\_\_\_\_

Current Address: \_\_\_\_\_

Date of Birth (day/month/year): \_\_\_\_/\_\_\_\_/\_\_\_\_

Identified Gender: \_\_\_\_\_

Telephone: \_\_\_\_\_ Cell: \_\_\_\_\_

Alternate Phone: \_\_\_\_\_

Emergency Contact (Name): \_\_\_\_\_ Phone: \_\_\_\_\_

Can we call you and identify ourselves and our agency? Yes \_\_\_\_\_ No \_\_\_\_\_

Any other instructions for leaving a message:  
\_\_\_\_\_

Date of last use of alcohol/drugs: \_\_\_\_\_

Longest period of abstinence: \_\_\_\_\_

**Addiction Treatment History:**

<u>Where</u>	<u>When (approx.)</u>
Withdrawal Management	
Self-Help (AA, NA, peer support)	
Outpatient/Day Treatment	
Residential Treatment	
Recovery Home	
Other	

What are you currently doing to improve /maintain your recovery?  
\_\_\_\_\_  
\_\_\_\_\_

Substance(s) of Primary Concern:  
\_\_\_\_\_  
\_\_\_\_\_

Do you have a family doctor? \_\_\_\_\_

Physical health condition or concerns? \_\_\_\_\_

Please list ALLERGIES: \_\_\_\_\_

Mental Health condition or concerns? \_\_\_\_\_

Please list current medications:

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In the last 12 months have you been to Emergency Department and/or Hospitalized?

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Describe your current living situation:

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Are you willing to live with others in recovery?

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Are you willing to work a minimum 3 hours weekly with your intensive case manager (individual sessions, and house meetings)? \_\_\_\_\_

Income Source:

- OW                       Employment Insurance                       Family Support  
 ODSP                       Employment

Are you currently involved with any other services?

- Probation/ Parole     Family and Children's Services  
 Mental Health Services (Explain):

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Addiction Services (Explain):

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What are your goals for being in the ASH Program?

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Thank you!